

Beccles Distance Championships

2017

Session 1 **Tuesday 4th July**
Warm up: 8pm **Start: 8:15pm** **Est Finish: 9pm**
Event 1 200 Backstroke

Session 2 **Wednesday 5th July**
Warm up: 8pm **Start: 8:15pm** **Est Finish: 9pm**
Event 2 200 Butterfly

Session 3 **Thursday 6th July**
Warm up: 7pm **Start: 7:15pm** **Est Finish: 9pm**
Event 3 400 Freestyle
Event 4 200 Freestyle

Session 4 **Tuesday 11th July**
Warm up: 8pm **Start: 8:15pm** **Est Finish: 9pm**
Event 5 200 Breaststroke

Session 5 **Wednesday 12th July**
Warm up: 8pm **Start: 8:15pm** **Est Finish: 9pm**
Event 6 200 IM

Session 6 **Thursday 13th July**
Warm up: 7pm **Start: 7:15pm** **Est Finish: 9pm**
Event 7 400 IM

Session 7 **Friday 14th July**
Warm up: 9pm **Start: 9:10pm** **Est Finish: 10pm**
Event 8 Female 800 Freestyle

Session 8 **Friday 21st July**
Warm up: 9pm **Start: 9:10pm** **Est Finish: 10pm**
Event 9 Male 1500m Freestyle